



"ROUND DANCER"

Magazine

DANCE

(VOCAL)

NOV - 1975

1250 W. Garnette, Tucson, Az. 85705 BOOK - 205

Composers--Paul & Laura Merola, 55 Bryant St., W. Bridgewater MA 02379

Record--CAPITOL # 3768 -- "The Old Fashioned Way" -- Helen Reddy (Flip) "Leave Me Alone"

Position--INTRO & LOD: CP M facing LOD

Footwork-- Opposite, directions for M unless otherwise indicated

MEASURES ----- INTRODUCTION -----

INTRO: (1 Meas).

CP facing LOD: Your first beat will be a BELL TONE, however the following beats are silent so we suggest you count immediately after BELL, TWO, THREE, FOUR; Then "STEP-OUT" on word "DANCE"

PART - A -----

1---3 FWD,-,FWD,-; SIDE,CLOSE,FWD,-; SIDE,CLOSE,FWD,-;

1-2.... In CP M facing LOD slow L,-,slow R,-; Side twd COH quick L, quick R to L, fwd LOD slow L,-;

3..... Side twd wall quick R, close quick L to R, fwd LOD slow R,-;

4---9 TURN,-,SIDE,CLOSE; TURN,-,SIDE,CLOSE; FWD,-,SIDE,CLOSE; THRU (SCP),-,TURN,SIDE;

BJO,-(Bjo),BK,SIDE; FWD,-(SCP),CHECK,-;

4..... Stay CP M turn LF twd COH slow L,-,side COH quick R, close quick L to R end CP M facing RLOD;

5..... Continue LF turn M bk COH slow R,-,side LOD quick L, close quick R to L end CP M facing LOD;

6..... M facing LOD slow L,-,side twd wall quick R, close quick L to R;

7..... Step thru twd COH M slow R,-(W also step thru slow L) end SCP facing LOD/COH, M turns LF toeing in twd RLOD/COH quick L (W 1/4 LF turn steps twd COH as she pivots on the ball of her R ft), turning into a Bjo Pos M side twd COH quick R (W quick L twd COH/LOD);

8..... In SNUG BJO pos M steps bk LOD slow L,-(W fwd LOD slow R) end M facing RLOD, M step bk COH/LOD XIF of W quick R (W fwd LOD L), M swd & fwd LOD to SCP quick L (W fwd LOD R);

9..... M fwd slow R twd LOD (W slow L) end SCP M facing LOD,-,turning to CP M facing ptr & wall steps swd LOD slow L (STRONG CHECK)(W check R swd twd LOD),-;

10-13 REC,XIF,SIDE,-; DRAW,-,ROCK,2; 3,4,BK,-; BK,-,SIDE,CLOSE;

10..... M recover swd RLOD quick R, quick XLIF of R (W twirls LF under her R & M's L twd RLOD quick L,R) end M CP facing wall, still moving RLOD M swd slow R,-(W slow L);

11..... Draw slow L to R (W slow R to L), taking no wgt end CP M facing wall, turning LF in place M rock fwd quick L, bk quick R;

12..... Fwd quick L, bk quick R (W R,L,R,L) end CP M facing COH, (NOTE:) "Goucho Rock Style" may be used -- moving diag Wall/RLOD M steps bk slow L,-;

13..... Slow R,-(W R,L), M swd RLOD quick L, close quick R to L (W R,L) end CP M facing COH;

14-16 SIDE,-,THRU (SCP),-; SPOT PIVOT,-,2,-; PIVOT,-,2,-;

14..... Continue moving RLOD M swd slow L,-(W slow R), M step thru in RLOD slow R,-(W slow L) end SCP face RLOD;

15-16.. Take CP do a RF spot pivot (Do Not Progress LOD) slow L,-,slow R,-; Slow L,-,slow R,- end CP M facing LOD;

PART - B -----

17-24 FWD,-,CHECK,-; XIB,SIDE,FWD,LOCK; FWD,FWD,LOCK,FWD; (Face) SIDE,CLOSE,SIDE,CLOSE;

SIDE,-,THRU,-(SCP); PIVOT,-,2,-; PIVOT,-,2,-; (Quick Hitch) FWD,CLOSE,BK,CLOSE;

17..... Moving from CP to Bjo M fwd slow L,-(W bk R), check fwd LOD slow R,-(W bk L);

18..... M cross quick L in bk of R (W XIF), side twd wall/LOD quick R (W L), fwd LOD quick L (W bk quick R), M lock quick R behind L (W lock in front);

19..... M fwd LOD quick L, quick R (W R,L), M lock quick L behind R (W lock in front), M fwd quick R (W L) end Bjo M facing LOD;

20..... Turning 1/4 RF to CP M side LOD quick L, close quick R to L, side LOD quick L, close quick R to L (W R,L,R,L);

21..... M swd LOD slow L (W R),-,slow R thru LOD (W L) to end SCP,-;

22-23.. Progressing LOD do a slow RF couple pivot L,-,R,-; L,-,R,- end CP M facing LOD;

24..... Do a quick 4 count hitch L,R,L,R;

PART - C -----

25-27 STEP,KICK,STEP,KICK; FACE,KICK,STEP,KICK; STEP,KICK,STEP,-;

25..... Turning from CP to SCP M step LOD on L (W R), kick R fwd in LOD (W kick L), step fwd R (W L), kick L fwd (W kick R);

26..... While turning to face ptr & wall M step L next to R (W R to L), M kick R twd wall between W's feet (keep toes very close to floor)(W kick L outside M R & twd COH), M step R beside L (W L beside R), kick L twd wall outside W's R leg (W kick R between M's feet)';

27..... Quickly turning to SCP M short step L LOD (W R), kick R fwd LOD & Wall (W kick L), M step R beside L facing ptr & wall (W L beside R), hold 1 ct to end CP M facing wall;

28-32 PUSH,PULL,AROUND/STEP,STEP; BK/STEP,STEP,ROCK,REC; IN PLACE/STEP,STEP,TURN/STEP,STEP;

PUSH,PULL,TURN/STEP,STEP; IN PLACE/STEP,STEP,SIDE,CLOSE;

28..... Use a strong Push Pull Action (DO NOT RELEASE ANY HAND HOLDS) M bk COH quick L (W bk wall quick R), recover fwd quick R (W L), from this "PUSH-PULL" momentum M quickly steps L/R,L turning RF almost in place (W R/L,R) to end SCP M facing RLOD;

29..... Moving bwd in LOD M steps R/L,R (W L/R,L), moving slightly apart from each other in a relaxed SCP M steps L, R (feet hardly leaving the floor)(W R,L);

30..... M raise his L (W's R) hands high (NOTE: M's R hand firm on W's bk) steps almost in place L/R,L as he motions W twd RLOD/Wall (W ready to move UNDER JOINED L/R hands steps R/L,R), M turns 1/4 LF steps in place R/L,R (W under joined L/R hands turns RF L/R,L) end facing ptr & wall with ONLY M's L & W's R hands joined;

31..... Using a "PUSH-PULL" action M rocks bk COH on L, recover R (W bk R, recover L) raising joined L-R hands high M turns 1/4 LF ALMOST IN PLACE L/R,L (W turns RF 1/4 under joined L-R hands steps R/L,R at this point W is looking down LOD);

32..... M steps in place R/L,R (W continues her RF turn steps L/R,L end in CP), M facing LOD moving twd COH (short steps) M swd quick L, close quick R to L (W R,L) to end CP M facing LOD;

SEQUENCE: AB - ABC - ABCC - ENDING -----

ENDING: Repeat Meas 25-27 then M STEP BK COH SLOW L,-, POINT SLOW R TWD PTR,-(W Bk R Point L) while music fades;